Telephone dialing instructions

To call a DSN phone number dial: Country code plus DSN number

Country Codes

(312) CONUS (314) Europe (315) Asia (318) SWA

Quick Reference

Fire - 911

Security forces - 443-8119

EMEDS - 443-7322

Command post - 443-3320/3330

Protocol - 443-6013

Public affairs - 443-6009

Transportation - 443-6750

Lodging - 443-6398

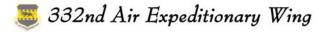
Finance - 443-7482

PERSCO - 443-6512

ATOC - 443-6520

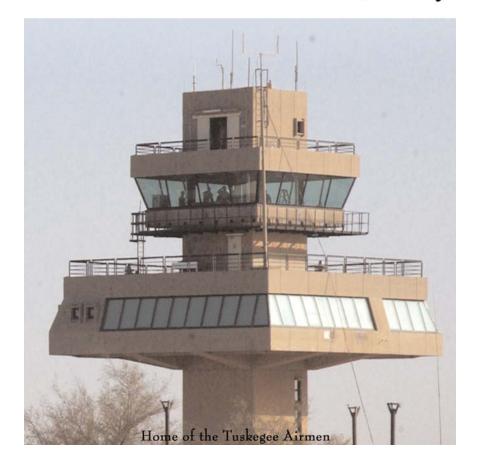
CE help desk - 443-8127/8128





BALAD

Air Base, Iraq



Welcome to Balad

ALAD AIR BASE IS HOME TO THE HEADQUARTERS OF THE 332ND AIR Expeditionary Wing. It's located approximately 42 miles north of Baghdad in the Sunni Triangle region, which was considered the power base of Saddam Hussein.

The 322nd AEW is comprised of the 407th, 506th, and 447th Air Expeditionary Groups located respectively at Ali and Kirkuk Air Bases and Baghdad International Airport. Balad AB is collocated with the U.S. Army's 1st Corps Support Command, which is responsible for the operation of Logistical Support Area Anaconda, the largest Army supply center in Iraq.

The only wing in Iraq, the 332nd AEW is composed of almost 6,000 Air Force personnel spread out in various locations throughout Iraq. There is also extensive interaction with coalition forces from Great Britain, Australia, Italy, Korea, Japan, the Netherlands, Romania and Estonia. Also under the 332nd AEW umbrella is the 732nd Expeditionary Mission Support Group, which provides oversight for the Air Force personnel who are operationally assigned to U.S. Army units throughout Iraq.

The 332nd AEW of today traces its evolution back to the 332nd Fighter Group, best known for the famed Tuskegee Airmen. First activated on July 4, 1942, this impressive unit lived by the values they had placed in their unit emblem. The panther symbolizes the unit's strength, dedication and devotion to duty, while the fire emitted from its mouth represents the unit's capability to accomplish the Army Air Corps mission.

Today, the 332nd AEW continues that tradition as it supports the stabilization and reconstruction phase of Operation Iraqi Freedom.

What to know

Balad Air Base is located approximately 42 miles north of Baghdad in the Sunni Triangle region, which was considered the power base of Saddam Hussein.



Brig. Gen. Frank Gorenc, right, took command of the 332nd Air Expeditionary Wing June 29, 2005.

Make it a healthy deployment



The base medical clinic is located in Building 4031, across from DFAC 2. Sick call hours are Monday through Saturday from 7 a.m. to 6 p.m. and Sunday from 8 to noon.

The Air Force Theater Hospital is also open for 24-hour emergency service and specialty care by referral only. All immunizations are given through the clinic, however, it is highly recommended individuals receive the proper immunizations prior to their arrival at the deployed location.

Personnel with asthma or breathing problems must be seen by their doctor prior to deployment - even people without symptoms can have their conditions flare up in this dusty environment.

For females on Depo-Provera birth control, if you bring a dose with you, the Air Force medical clinic will administer it. The women's health clinic, located in Building 4031, is open for appointments from 8 a.m. to 4 p.m.

Medical personnel recommend bringing some over-the-counter cough or cold medicine since people seem to develop some type of cold within their first three weeks.

Also bring a personal supply of Motrin as well as a 150-day supply of your prescriptions. A 120-day supply will only cover your time

deployed, but not the transition here and back.

Transmission of various preventable diseases such as colds, the flu, bacterial/fungal foot infections and foodborne/waterborne illnesses are a significant medical concern minimized by:

- 1. Washing and/or sanitizing your hands frequently.
- 2. Bathing regularly personal hygiene is a must with special attention to taking care of your feet.
- 3. Wearing your shower shoes while taking a shower.
- 4. Wearing clean/dry socks and liberally using foot powder.
- 5. Only consuming food, water or beverages approved by the U.S. military.
 - 6. Using bottled water to brush your teeth.

The area is known for its dangerous creatures. Sand flies carrying leishmania are found in this region.

Bring insect repellent containing DEET and treat your uniforms with permethrin prior to your arrival. Bed nets are available here and their consistent use will help prevent bites while you sleep. Upon arrival, treat your bed net with permethrin. For more information, call the Air Force clinic at 443-7322.



Financial Aid

The 332nd Air Expeditionary Wing finance office is located in Bldg. 4100. The hours of operation are Monday to Saturday, 8 a.m. to 6 p.m. Some of the services offered at the finance office include check cashing, customer service, accounting and comptroller.

Essential items to bring:

- Checks.

There are no ATMs at Balad AB, so it's recommended that individuals bring personal checks or traveler's checks for cash. The check-cashing limit is \$200 per week.

- Passwords to MyPay and vMPF allow you to file travel vouchers online so your Government Travel Card can be paid while you are deployed. We can assist in obtaining a password to MyPay. It's recommended that you visit www.dod.mil/dfas/ before you deploy to establish an account.

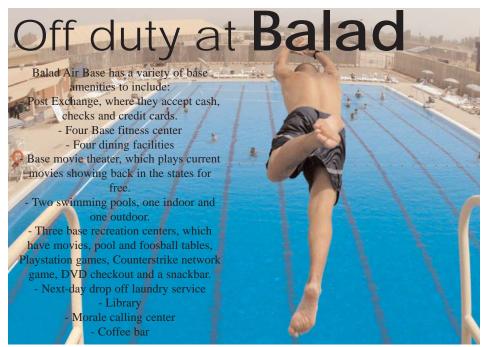


People deployed can send mail free to their families and friends, as long as it's 13 ounces or less, and has the words **"Free Mail"** marked clearly in the upper right corner, where the stamp would be. Mail going to another air post office is also free - **"MPS"** goes in place of the stamp. All other mail must be metered and processed at the Army APO at Bldg. 4178. The hours of operation are 9 a.m. to 6 p.m. Monday through Saturday and Sunday from 1 to 5 p.m. Mail takes 7 to 30 days to arrive. Your mailing address while deployed is:

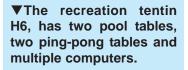
RANK/NAME USAF-DEPLOYED ORG/OFFICE SYMBOL APO AE 09315-9997

Need legal advice?

Balad's legal office, which is located in the wing headquarters building, is open Monday to Saturday from 8 a.m. to 8 p.m. and on Sundays from 1-8 p.m. Call 443-6002/6004 for more information.



▶ The base fitness center, which is located in H6 next to the rec tent, has a weight room and a cardio room.









Keys to a

successful deployment

Your unit deployment manager should provide you with the necessary and required supplies and equipment to survive your deployment. Since every deployment is different, below are suggestions of what to bring compiled by former "Baladians." The list is by no means all-inclusive, but should give you a general idea of conditions here. It is not necessary to bring a four-month supply of toiletry items. There is a post exchange where items are available; however, the exchange does not have all the well-known name brands. Dirt and sand are large parts of your Balad experience. Keep that thought in mind when you determine what to bring with you. High temperatures during the summer months are in the 120s; during the winter, highs are in the 60s, with lows in the 30s.

Workplace

- Four sets of DCUs are authorized, and rec-

ommended. For deployments April 1 through Nov. 1 be sure to treat them with permethrin. The mosquitoes and biting sand flies are out in force during the spring and fall months.

- A current copy of your Information Assurance (formerly SATE) training certificate to obtain your e-mail accounts.
- Two pair of steel-toed combat boots
- Two hats (floppy or 8-point Marine-style). Hats get dirty quickly.
- Gortex DCU raincoat for fall and winter
- ID holder (similar to flightline badge holder)
- Croakies for your sunglasses

Living area

- Four sets of Air Force PT uniform.
- Twin-sized sheets, pillowcases, a pillow and a blanket for your bed. The lodging office issues linens upon arrival, but having your own will add a touch of home.

- A small light, clip-on lamp or flashlight is a must so you can move around without waking others, and for walking around base after dark.
- Shower shoes
- Bag to carry shower items to and from bath-
- Two pairs of conservative tennis shoes. n Tennis shoes are required for walking to and from the bathroom when not in DCUs.
- Alarm clock, preferably battery powered.
- A lock to secure your wall locker.
- Adhesive hooks to place on the outside/ inside of locker to hang things on.
- Dark bed sheets to make privacy screen for dorm bedroom area.
- Mosquito nets during summer months.

Personal items

Most items are available in the base exchange, but if you prefer a special brand, bring it. Individuals will have a wall locker for storage purposes. Below are some suggested items. Keep in mind local power is 220.

- Glasses. If you wear contacts, contact lenses are prohibited on deployments. There is so much grit in the air you may damage your eyes wearing your contacts.
- Neck pillow and personal fit hearing protection for those long flights over here
- Duct tape: the universal tool for fixing things or creating living areas
- Safety pins or clothespins to help with hanging sheets for your privacy area
- Three bath towels
- Laundry bag

- Eye care products
- Foot powder
- Pocket knife or multi-tool
- Sunglasses
- Extension cord, power strip, surge protector
- Portable radio, portable DVD player, laptop
- Extra batteries
- Books, CDs, DVDs
- Cameras

Male:

- Disposable razors or electric razor (220 power is predominate, but 110 is available) When a transformer is on hand.

Female:

- Leave-in hair conditioner and things to expedite the shaving process
- Special types of conditioners, deodorant, hairspray
- Soap, facial cleanser, etc.

Clothing policies

Before you arrive:

For current dress and personel appearance guidlines read MNF-Iraq Policy, USCENTAF supplement, and 332 AEWI 36-2903 *Dress and Personal Appearance*.

According to CENTAF policy, passengers traveling into the AOR must wear DCUs. *After you arrive*:

Personnel are not authorized to wear civilian attire, only DCUs, desert flightsuit or PT uniforms.

The new official Air Force PT uniform is readily available at the post exchange and has become a mandatory purchase. Personnel must wear either their DCUs or Air Force PT uniform at all times.

Balad AB Worship Schedule

Protestant - Traditional

Sundays:

7:30 a.m. at the Hospital 9:30 a.m. at the Provider Chapel 11 a.m. at the Freedom Chapel

Protestant - Gospel

Sundays:

11 a.m. at the Sustainer Theater 11:30 a.m. at the Freedom Chapel 7 p.m. at the Provider Chapel

Protestant - Praise and Worship Sundays:

9:30 a.m. at the Sustainer Theater 10 a.m.at the Freedom Chapel 5:30 p.m. at the Tuskegee Chapel 6:30 p.m. at the MWR Tent 29th SPT BN Wednesdays:

7 p.m. at the Freedom Chapel

Protestant - Contemporary

Sundays:

10 a.m. at the 299th FSB Tent Chapel 11 a.m. in Town Hall

Latter Day Saints

Sundays:

1 p.m. at the Provider Chapel 7 p.m. at the Tuskegee Chapel

Liiturgical - Protestant

Sundays:

8 a.m. at the Provider Chapel Samoan Congregational Service

Sundays:

4 p.m. at the Provider Chapel **Roman Catholic Mass**

Wednesdays:

11 a.m. at the Air Force Hospital Saturdays:

5 p.m. at the Tuskegee Chapel Sundays:

8:30 a.m. at the Freedom Chapel 9 a.m. at the Tuskegee Chapel 11 a.m. at the Provider Chapel 3:30 p.m. at the "626" Chapel (for Special Ops personnel) Mondays - Fridays:

7 p.m. at the Tuskegee Chapel **Church of Christ**

Sunday:

11 a.m. in Aviation Village 1, 1-245 ATS/Conf. room

Islamic Prayer

Fridays:

12:30 p.m. at the Provider Chapel

Jewish Prayer

Fridays:

6:30 p.m. at the Chapel Annex

Base chapel - 443-7703

Unwanted pest

Balad Air Base has its share of wildlife, many of which are hazardous. Be careful where you walk, watch what you turn over, and check your boots, sleeping bags, and clothes if left on the floor. Mascots are stricley prohibited Below are some examples of animals you may encounter here:

Camel spiders

These seem to come out of hiding during windy conditions. They don't seem to be very aggressive, but they will hiss and are very ugly.

Sand flies

These tiny, pinhead sized insects come out and bite at night. Use a bed net to keep

them out while sleeping and treat your uniforms with premethrin. Wearing DEET also keeps these pests away.

Field mice

There are more of these than you can shake a stick at. Keep all food in containers to avoid having one as a roommate.

Scorpions

These are around and they have stung people. They are usually found in dark places like under sandbags, boxes, etc.

Snakes

There have been several sightings in the housing development. Consider all snakes poisonous and avoid them.

General Order No. 1A

O: What is General Order 1A? Who does it host-nation law and component regulations. apply to? What happens if it is violated?

A: US Central Command General Order 1A is a lawful order issued by the Commander, United States Central Command, and is applicable to everyone regardless of branch of service serving in the USCENTCOM AOR. This means it applies to all Air Force members at deployed locations in the AOR.

GO-1A contains certain prohibitions the USCENTCOM commander has determined are necessary for health, safety, good order and discipline in the AOR. Some prohibitions are based upon respecting host-nation laws and customs that prohibit or restrict certain activities, which might otherwise be generally permissible in western societies. Restrictions on these activities are essential to preserving good relations with host nations.

There is also a USCENTAF GO-1A that is specifically applicable to all Air Force members at deployed locations in the AOR. It contains the CENTCOM GO-1A prohibitions and provides additional directives for Air Force personnel.

Briefly stated, the USCENTCOM and USCENTAF GO-1A prohibits:

- Possession, manufacture, importation, distribution, or consumption of alcohol anywhere in Iraq, Saudi Arabia, Kuwait, Pakistan and Afghanistan.
- Possession or importation of pornography or sexually explicit material. This includes—but is not limited to—any materials or media, which depict nudity, genitalia and sexual activities. Therefore, not only are pornographic magazines prohibited, but also muscle, fitness, or similartype magazines. (NOTE: There is an exception which permits certain magazines/video tapes to be lawfully obtained via the Army & Air Force Exchange Service; Morale, Welfare and Recreation: or viewed on Armed Forces Radio and Television Service in the AOR. But the items may not be brought by servicemembers directly into the AOR.) These prohibitions also apply to downloading pictures or visiting web sites on the Internet.
 - ☐ Possession of private firearms/explosives.
 - ☐ Gambling of any kind unless permitted by

- Non-Muslims from entering a mosque unless required to do so for military necessity.
- Disturbing archaeological or historical sites.
- Exchanging currency at other than the official host-nation exchange rate.
- Feeding/adopting wild or domestic animals of any type.
 - □ Proselytizing for any faith or religion.
 - ☐ Taking or retaining personal war trophies.
- ☐ Attending host-nation public disciplinary ceremonies, such as public executions.
- Amendment to USCENTAF General Order 1A.
- Visitation by persons of the opposite gender to an Air Force member's sleeping quarters is prohibited except for official purposes or as approved by the 332nd Air Expeditionary Wing commander or AEG commander.

Violations of the above prohibitions are punishable under Article 92 of the Uniform Code of Military Justice. It is incumbent upon each military member deployed to the AOR to be familiar with these general orders.







Home away from home

H6 is a housing area where most Airmen live, either in trailers or transient tents. H6 is equipped with separated bathrooms, which have showers. H6 is also where the rec tent, chapel, mini BX, fitness center and other facilities are located.



Most officers and NCOs will sleep two to a room like the room pictured above.



Most Airmen will sleep in dorms of five to a room like the room pictured above.

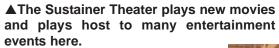
▼The mini BX is located inside H6.



Other base amenities









▲ The PX has most essential items you will need and is open 24 hours a day.

DFAC hours

DFAC 1 **Breakfast** 6-9 a.m. Lunch 11:30a.m.-2:30 p.m. **Dinner** 5:30-8:30 p.m. Midnight 2-5 a.m.

DFAC 2&3 6-9 a.m. 11:30a.m.-2:30 p.m. 5:30-8:30 p.m.

and Burger King are located across from the PX and are open 24 hours a day.

◀ Pizza Hut

11:30 p.m.-1 a.m.

DFAC 4 5:30-8:30 a.m. 11 a.m.-2 p.m. 5:30-8:30 p.m. 11:30p p.m.-1 a.m.